

Indiana Music Education Association
EVENING OF FOLK DANCING
Lillie H. Feierabend

CIRCLE DANCES

Stationary

Australia How do you dootee? (1) Standing circle mixer
Norway Barnereinlender (1)

Locomotor

Israel Zemer Atik (2: CD4) Single circle; line dance
Denmark Seven Jumps (2: CD2)
Quebec Les Saluts (2: CD1) and (3)
Yugoslavia Savila Se Bela Loza (2: CD 6) Spiral
Ireland Gaelic Waltz (2: CD 1) Spiral; traditional ending dance: Alternate tune: Franconia Waltz (3)
England Family Waltz (10) Everyone waltzes in one large circle

QUICK NOTES

LONGWAYS FORMATION

Eng. Chimes of Dunkirk (4) Great first time longways dance
Eng. Galopede (4)
Eng. Bridge of Athlone (3) and (5) Beautiful dance with everyone making a bridge
Eng. Sweets of May (4)
Eng. Durham Reel (4) and (5)
Eng. Weaver's Galopede (10)

PARTNER DANCES

Sweden Fjaskern (2: CD2) Single/double circle; accelerates; many layered
Eng. Lucky Seven (4) and (5) Features the Grand Right and Left
Basque Baztango Esku-Dantza (1) Hand clapping dance; accelerates
Czech. Heel and Toe Polka (4) Easy mixer for all ages
Russia Troika (2: CD2) and (1) Dance for groups of three
Mexico La Raspa (2: CD3) Traditional
Fr. Can. La Bastringue (4)
Ger. Ach Ja (10) Accessible, even for your youngest students
Ukraine Sasha (10)

PLAY PARTIES

Shoo Fly (6) and (7) One large circle turning inside out
I's the B'y (8) Partner circle mixer with weaving
Skating Away (7)
A Sailor Went to Sea (8) Silly clapping game
John Kanaka (8) This is the first play party I teach in 2nd grade
Long-Legged Sailor (8) Another silly clapping game
Weevily Wheat (8) Features the multiplication tables
Four White Horses (8) Clapping game for a quartet

SNOWBALL MIXERS (New partner each time)

Jump Jim Joe (8)
Rig-a-Jig-Jig (8)

SICILIAN CIRCLES (Double circle of partners)

Black Joke (4)
Haste to the Wedding (4)
Mariposa (3)

CREATIVE/EXPRESSIVE

Concerto in E major (Allegro assai), BWV 1042 by Johann Sebastian Bach (9)
Bagatelle "Für Elise" WoO59 by Ludwig van Beethoven (9)
Soldier's Joy, Traditional American Fiddle Tune (9)

DANCE RESOURCES

FOLK DANCE

1. SANNA LONGDEN
Folkstyle Productions
www.folkstyle.com
More Favorite Folk Dances of Kids and Teachers
Videos/CDs/Booklets/DVDs
2. PHYLLIS WEIKART
High/Scope Ed. Research
www.highscope.com
Teaching Folk Dance; Successful Steps (Book)
Rhythmically Moving (9 corresponding CDs)
A movement curriculum based on a sequence of developmentally appropriate beat keeping activities. Moving to the beat is the foundation of all movement.
3. THE AMIDONS
Peter and Mary Alice
www.amidonmusic.com
Listen to the Mockingbird (More Great Dances for Children, Schools and Communities) CD/Book
4. THE AMIDONS
Chimes of Dunkirk (Great Dances for Children) CD/Book
5. MARTHA CHRISMAN RILEY
ISBN 0-945943-06-7
English Country Dances for Children A charming collection of 19 graded dances.
Book/CD/Cassette/
10. MARION ROSE
Step Lively

SINGING GAMES/DANCES

6. THE AMIDONS
Jump Jim Joe (Great Singing Games for Children) CD/Book
7. Rohrbough (1940), Riddell (1982)
Handy Play Party An oldie and still one of the best.
8. LOIS CHOKSY and David Brummitt
120 Singing Games and Dances
ISBN 0-13-635038-0 01 Wonderful resource. Worth every penny!

EXPRESSIVE

9. JOHN FEIERABEND/PEGGY LYMAN
www.giamusic.com/feierabend
Move It! and *Move It! 2* Book/CD/DVD
Expressive movements with classical music; an innovative and beautiful approach to teaching the joy of moving with the music.

ADDITIONAL RESOURCES TO CONSIDER

- HUMAN/KINETICS
Multicultural Folk Dance I/II (Instructional Booklet/Video/CD)
Each dance is presented by an artist from the country of origin and then shown with a group of children. Good for styling/costumes.
- SANNA LONGDEN
More Folk Dance Music for Kids and Teachers (CD 2)
Even More Folk Dance Music for Kids and Teachers (CD 1 ½)
- LONGDEN and WEIKART
Cultures and Styling in Folk Dance
- FEIERABEND/KAHAN
Book of Movement Exploration